

CLUB RULES AND REGULATIONS

1. Skaters and coaches must wear their skates at all times when on the ice. Parents/guardians and board members are not permitted to walk on the ice at anytime.
2. No spectators are permitted in the rink during skating sessions.
3. CSA (Hockey) Helmets are mandatory for all skaters until they have passed Stage 5.
4. Jeans, shorts, baggy pants, hoodies, strapless tops, low-cut necklines, and bare midriffs are not acceptable skating attire.
5. No clothing with offensive language or images will be permitted.
6. Skating dresses and skating skirts should be worn with proper skating tights; exercise tights are also permitted with appropriate tops.
7. No headphones, earbuds or earphones are permitted on the ice.
8. Skaters with longer than chin-length hair should wear their hair tied back.
9. Eating, gum-chewing and drinking, exempting bottled water on the sideline, is not permitted on the ice.
10. No foul language or inappropriate behaviour will be tolerated by skaters, coaches, parents/guardians, board members or visitors.