



SCARBORO FIGURE SKATING CLUB

Scarborough Centennial Recreation Complex

1967 Ellesmere Road

(Markham Road & Ellesmere)

Website : www.sfsc.on.ca Email: scarboro.fsc@sympatico.ca

CANSKATE – LEARN TO SKATE

Designed for skaters aged 4 years and up. It is a learn to skate program that teaches the basic elements of skating. The class includes a group lesson taught by a professional coach as well as supervised warmup, cool down and game time. Semi-private and private lessons are available.

Program runs Sept 15 – April 30 - over 7 MONTHS

Canskate Session Day/Time

Wednesday	7:15 pm – 8:00 pm
Thursday	7:30 pm – 8:15 pm
Friday	6:45 pm – 7:30 pm
Saturday	10:15 am – 11:00 am
Sunday	12:15 pm – 1:00 pm

Total Cost \$395*

*Includes \$36 Skate Canada fee

***** ACADEMY*****

Enhanced Learn to Skate – Learn to Figure Skate

A new program to the Club this season! An enhanced Learn to skate program designed to enrich a skater's learning in preparation for Figure Skating. Group lessons taught entirely by professional coaches with private lessons available. A dryland (or off-ice fitness) class is included each day. Skaters must have passed Canskate Stage 3 or equivalent. Figure skates only!

Program runs Sept 6 thru May 31 – over 8 MONTHS

Academy Day/Time

Wednesday	6:30 pm – 7:15 pm Dryland 5:45pm – 6:15pm
Saturday	11:00 am – 11:45 am Dryland 10:15am – 10:45am

Total Cost \$536*

*Includes \$36 Skate Canada fee

CANPOWERSKATE – for Hockey Players

Geared to skaters approx. 6 years+ and who have basic forward and backward skating skills and are able to stop – or have passed Canskate Stage 2. An action packed, high energy instructional power skating programs that focuses on balance, power, agility, speed and endurance. Full hockey equipment worn

Program runs from Sept 6 – Dec 20 – 16 WEEKS

CanPowerskate

Wednesday	8:15 – 9:00 pm
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Cost \$320*

(please add \$36 Skate Canada fee if applicable)

ALL KINDS OF FUN CLUB EVENTS

Halloween Party, Family Skate and our favourite end of season MINI-OLYMPICS