

SCARBORO FIGURE SKATING CLUB

Summer Session Schedule – Tuesday, July 4 to Thursday, August 24, 2017

SESSIONS: Qualifications as of June 1/17	Monday	Tuesday	Wednesday	Thursday	Friday
ICE DANCE – SESSION A “High” Session ALL TIMES ARE SUBJECT TO CHANGE	7:30: am – 1:15 pm	7:30 am – 1:15 pm	7:30 am – 1:15 pm	7:30 am – 1:15 pm	7:00 am – 11:30 am
ICE DANCE – SESSION B “Low” Session ALL TIMES ARE SUBJECT TO CHANGE	8:30 am – 12:30 pm	With permission from Dance Coordinator	8:30 am – 12:30 pm	With permission from Dance Coordinator	8:45 am – 11:15 am
FREESKATE 1 - ADVANCED Skaters must have passed a Competitive Freeskate Test or Senior Bronze Freeskate, or Jr Silver Dances, or Jr. Silver Skating Skills. Includes daily : 15 min. stroking and 45 min dryland class	1.30 - 2.45 pm Session/Stroking 3.00 - 3.45 pm Dryland	1.30 - 2.45 pm Session/Stroking 3.00 - 3.45 pm Dryland	1.30 - 2.45 pm Session/Stroking 3.00 - 3.45 pm Dryland	1.30 - 2.45 pm Session/Stroking 3.00 - 3.45 pm Dryland	
FREESKATE 2 - OPEN Open to skaters working on Preliminary and Junior Bronze Tests. Includes daily : 15 min. stroking and 45 min dryland class	3.00 - 4.00 pm Session 4.00 - 4.15pm Stroking combined with FS3 4.30 - 5.15 pm Dryland	3.00 - 4.00 pm Session 4.00 - 4.15pm Stroking 4.30 - 5.15 pm Dryland	3.00 - 4.00 pm Session 4.00 - 4.15pm Stroking combined with FS3 4.30 - 5.15 pm Dryland	3.00 - 4.00 pm Session 4.00 - 4.15pm Stroking 4.30 - 5.15 pm Dryland	
FREESKATE 3 - OPEN Open to skaters working on Preliminary and Junior Bronze Tests. Includes daily : 15 min. stroking and 45 min dryland class	3.00 - 3.45 pm Dryland 4.00 - 4.15pm Stroking combined with FS2 4.30 – 5.30pm Session	N/A	3.00 - 3.45 pm Dryland 4.00 - 4.15pm Stroking combined with FS2 4.30 – 5.30pm Session	N/A	
JUNIOR Skaters must have passed Stage 5. Includes daily: 1 skills lesson, 1 stroking session , 45 min dryland class	4.45 - 5.30pm Dryland 5.45 – 7.00pm Skills/Session/Stroking	N/A	4:45 - 5.30 pm Dryland 5:45 - 7:00 pm Skills/Session/Stroking	N/A	
CANSKATE Minimum age 4 years as of June 1, 2017 (includes 1 hour total of professional group coaching and supervision)	7.00 - 8.00pm Session	N/A	7.00 - 8.00 pm Session	N/A	
CANPOWERSKATE Skaters must have passed Stage 2 of the Canskate program and/or be able to skate the length of the ice and stop. Full CSA equipment must be worn	N/A	N/A	8:00 – 9:00 pm Session	N/A	

NOTES : Test Days: Thurs, July 27 & Thurs, Aug 24. To be eligible to take a test skaters must be registered for at least 4 sessions in Week 1- 4 for July Test Day, and 4 sessions in Week 5- 8 for Aug Test day. No coach may register a skater on the test list if that skater is not already registered in the school. All fees must be paid in full prior to taking any tests. Club closed, Monday, August 7th

Revised Schedule for Week 8

August 21 thru August 24



Monday & Wednesday

2:00 pm – 4:00 pm Ice Dance A & B
 4:15 pm – 5:30 pm Freeskate –Advanced
 5:45 pm – 7:00 pm Freeskate – Open
 (Juniors may skate)
 7:00 pm – 8:00 pm Canskate

Tuesday & Thursday

12:15 pm – 1:45 pm Ice Dance A & B
 2:00 pm – 3:15 pm Freeskate Advanced
 3:30 pm – 4:45 pm Freeskate Open