

# Scarboro Figure Skating Club

## 2016– 2017 Fall/Winter CANSKATE Program

**Total Cost \$395**

The CANSKATE program is designed for skaters aged 4 years and up. It is a LEARN TO SKATE program that teaches the basic elements of skating. The one-hour class includes a group lesson taught by a professional coach, as well as supervised warm-up, cool down and game time. Semi-private and private lessons are available.

- ❑ A great foundation for figure skating or hockey
- ❑ \$\$\$ - A great value - \$\$\$  
Program runs for over 7 months (Sept thru April)  
Canskate Family discounts
- ❑ Low skater/instructor ratio – groupings by age & ability. Achievement ribbons & badges

### **LOTS OF FUN EVENTS**

Halloween Costume Party    Valentine's Family Skate

\*\*\* EXCITING YEAR-END ICE SHOW \*\*\*

### **CANPOWERSKATE Program**

**Cost \$280 (14 week program)**

(plus Skate Canada/Safe Sport fee if applicable)

This 14 week program focuses on specific skating skills for HOCKEY. Professional coaches offer lessons that emphasize balance, power, agility, speed and endurance. Skaters should have passed Stage 2 of the Canskate program and/or be able to skate the length of the ice and stop. Full CSA approved equipment must be worn.



## **SCARBORO FIGURE SKATING CLUB**

Scarborough Centennial Recreation Complex  
1967 Ellesmere Road  
(Markham Road & Ellesmere)

### **Canskate Session Day/Time**

Wednesday	6:45 pm – 7:45 pm
Thursday	7:00 pm – 8:00 pm
Friday	6:45 pm – 7:45 pm
Saturday	10:45 am – 11:45 am
Sunday	11:45 am – 12:45 pm

### **CanPowerskate**

Wednesday	8:00 – 9:00 pm
14 weeks	Sept 21 – Dec 21 <sup>st</sup>

### **Program Begins Friday, Sept 16, 2016**

Register in the Club Office – starting Tues. Sept 8th

Tues, Wed & Friday	4-8 pm
Saturday	10am to 1pm

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