



## WANT TO MAKE YOUR SKATING SKILLS SIZZLE THIS SEASON?

JOIN THE ICE DANCE ELITE FALL/WINTER DEVELOPMENT PROGRAM AT SCARBORO F.S.C. SINGLES SKATERS VERY WELCOME.

WE ARE OFFERING A SATURDAY MORNING PROGRAM FROM 8AM-10AM, DESIGNED TO IMPROVE YOUR SKATING SKILLS, KNOWLEDGE OF TECHNIQUE, & MUSICAL AWARENESS. OUR PROGRAM FEATURES ON ICE GROUP INSTRUCTION, AND OFF ICE CONDITIONING.

FEES INCLUDE ICE TIME, COACHING, AND OFF ICE.

PROGRAM BEGINS SATURDAY FEBRUARY 8<sup>TH</sup> 2020.

### PROGRAM DATES.

FEBRUARY 8<sup>TH</sup>, 15<sup>TH</sup>, 22<sup>ND</sup>, 29<sup>TH</sup>

MARCH 7<sup>TH</sup>, 14<sup>TH</sup>, 28<sup>TH</sup>

APRIL 4<sup>TH</sup>, 11<sup>TH</sup>, 18<sup>TH</sup>

MAY 2<sup>ND</sup>, 16<sup>TH</sup>, 23<sup>RD</sup>

### SCHEDULE:

ON ICE SESSION- 8AM -9AM

OFF ICE SESSION-9.15AM-10AM

### TO QUALIFY:

PARTICIPANTS MUST HAVE PERMISSION FORM THEIR BASE COACH TO JOIN OUR PROGRAM, & NAME THEIR BASE COACH ON THE ONLINE APPLICATION.

PARTICIPANTS MUST HAVE PASSED 2 STAR TESTS AND JUNIOR FREE SKATE 3 BADGE.

**REGISTRATION DEADLINE:- DECEMBER 23<sup>RD</sup> 2019**

FOR MORE INFORMATION, & TO REGISTER WITH UPLIFTER, CHECK OUT OUR WEBSITE AT

[www.sfsc.on.ca](http://www.sfsc.on.ca)

CALL OUR OFFICE AT 416-438-9508, OR CONTACT CAROL LANE AT [cjlane57@hotmail.com](mailto:cjlane57@hotmail.com)

SKATE WITH CHAMPIONS AT SCARBORO F.S.C. THE COOLEST PLACE TO SKATE IN THE GTA.

